

FREE Student Assistance Program (SAP) Available to All **GTCC** Students

What You Get:

- 3 confidential short-term counseling visits
- 24/7 access, 365 days a year
- No cost - GTCC has prepaid this benefit

Services Include:

- Stress management
- Depression & anxiety support
- School/work/life balance
- Substance abuse counseling
- Family & relationship issues
- Grief counseling

Additional Resources:

- Childcare & eldercare referrals
- Financial & legal assistance
- Parenting support
- College resources
- Moving assistance

Helpline: 866-329-4148

ICONNECTYOU code: 304528

Email: eap@deeroaks.com

Website: deeroakseap.com

Username/Password: gtccsap



DEER OAKS EAP SERVICES

GTCC
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