

# FREE Student Assistance Program (SAP) Available to All **GTCC** Students

## What You Get:

- 3 confidential short-term counseling visits
- 24/7 access, 365 days a year
- No cost - GTCC has prepaid this benefit

## Services Include:

- Stress management
- Depression & anxiety support
- School/work/life balance
- Substance abuse counseling
- Family & relationship issues
- Grief counseling

## Additional Resources:

- Childcare & eldercare referrals
- Financial & legal assistance
- Parenting support
- College resources
- Moving assistance

Helpline: 866-329-4148

ICONNECTYOU code: 304528

Email: [eap@deeroaks.com](mailto:eap@deeroaks.com)

Website: [deeroakseap.com](http://deeroakseap.com)

Username/Password: [gtccsap](#)



DEER OAKS EAP SERVICES

**GTCC**

GUILFORD TECHNICAL  
COMMUNITY COLLEGE

make  
amazing  
happen.

